## Importance of Backing Up Data in ICT - Quiz (JHS Level)

1. What is data backup?
A. Deleting files
B. Making extra copies of files
C. Editing files
D. Hiding files
2. Why should you back up your data?
A. To lose data
B. To make your computer slow
C. To protect against data loss
D. To save internet data
3. Which of these is a backup method?
A. Painting
B. Typing
C. Using external drives
D. Watching videos
4. Which device is best for backing up large files?
A. Monitor
B. Flash drive
C. Speaker
D. Keyboard
5. Cloud storage is an example of:
A. Hardware backup
B. Software backup
C. Online backup
D. Manual backup
6. How often should you back up your school files?
A. Once a year
B. Never

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  C. Once a week
  D. Every 5 years

  7. What can cause loss of data?

  A. Backing up data
  - B. Viruses
  - C. Using a mouse
  - D. Saving files
- 8. If a computer is stolen, backup helps to:
  - A. Find the thief
  - B. Replace hardware
  - C. Restore data
  - D. Lock the device
- 9. Which of the following is NOT a backup device?
  - A. External hard drive
  - B. Cloud storage
  - C. Flash drive
  - D. Monitor
- 10. Deleting a file accidentally means:
  - A. You don't need backup
  - B. Backup helps restore it
  - C. Virus caused it
  - D. It's permanent

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## **Answer Key**

- 1. B
- 2. C
- 3. C
- 4. B
- 5. C
- 6. C
- 7. B
- 8. C
- 9. D
- 10. B